



Effective and easy dietary way to lower cholesterol

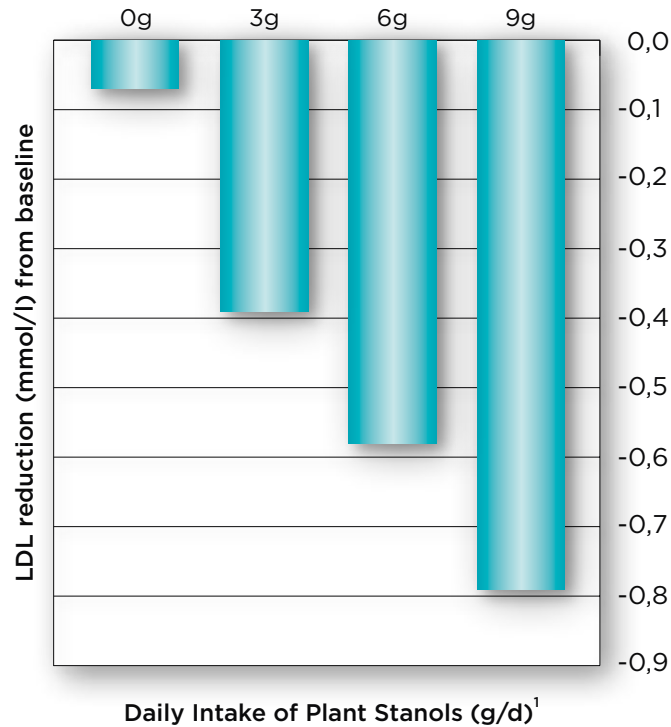
THE LOWER THE BETTER



Benecol® products dose dependent LDL reduction

A growing body of evidence¹⁻³ shows that
Plant stanol ester dose dependently decreases LDL cholesterol.

In the latest study study¹ a daily intake of 3 to 9 g plant stanols (as Plant stanol ester)
reduced serum LDL cholesterol linearly by up to 17.4 % versus placebo.



¹ Mensink et al. *Am J Clin Nutr* 2010; 92: 24-33.

² Naumann et al. *J Am Coll Nutr* 2008; 27: 117-26.

³ Gylling et al. *Clin Nutr* 2010; 29: 112-8.